

**East CC League
University Grounds
Stirling
Saturday 19th October 2019**

Officials

Referee:	Ron Morrison
Assistant Referee	Dave Cairns
Clerk of Course:	Tony Waterhouse
Timekeepers:	Alan Carruthers (Chief), Ian Mann
Time Recorders:	Douglas Carruthers, Bill Gentleman
Place Recorders:	Allan Smith (Chief), Rachel Halliday, Linden Nicholson
Judges/Funnel Control:	Andy Law (Chief), Sandra Hardacre, Alex Jackson
Starter:	Barry Craighead
Starter's Assistant:	Richard O'Grady
Officials Report:	Barry Craighead
Announcer:	Graham Bennison
Recording Slips Collection	Bob Cherrie
Recording Slips	Fred McCluskie, Phyllis Law
Results:	Alex Jackson, Ron Morrison
Host Club	Central AC

East District Cross Country League

Stirling 19th October 2019

(1) Start/Finish Tent Area

These will be same as last year, please see course map for this year's location. Parking for cars with club tents will be by permit, 1 per club. Club secretary will be emailed for contact person for permit

(2) Toilets

There will be mobile toilets near the Tent Area. There will also as previous years be toilets in the Sports Pavilion.

(3) Recording Slips

Can be collected at a portacabin close to the Start/Finish (see course map).

For Under 15 Girls/Under 17 Women's race both age groups should be listed in finish order on one recording slip with an "L" beside each Under 17 Women's name.

NEW

Recording slips should be filled in with athlete's FIRST NAME and second name in CLEAR writing. (Previously it has been only athletes initial rather than first name)

(4) Scoring

Under 11, Under 13 , Under 15 Boys and Under 15 Girls/ Under 17 Women races are all 3 to score

Senior/Junior/Master's Women are 4 to score

Senior/Junior/Master's Men are 6 to score

Master's Men and Master's Women are 3 to score.

Master's athletes (Over 40) should have a large "V" next to their club number

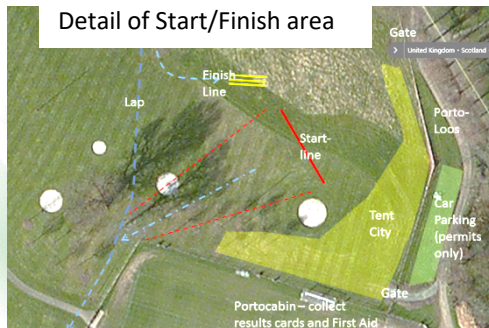
(5) Mobile Food/Drinks Wagon

This will be close to the club tent area

(6) Parking

Parking beyond the Sports Pavilion is by permit only.

Detail of Start/Finish area



CAMPUS MAP



UNIVERSITY OF STIRLING

MAIN ENTRANCE



- Main University Buildings
- Student Residences
- Stirling University Innovation Park
- Meals, Refreshments
- P Car Park
- Bus Stop
- Footpath

Age Group	Start time	Approx.	Course
Under 11 Girls	12:00noon	1650m	Start-A-B-F-G-Finish
Under 11 Boys	12:15pm	1650m	Start-A-B-F-G-Finish
Under 13 Girls	12:30pm	2400m	Start-A-B-C-E-F-G-Finish
Under 13 Boys	12:50pm	2400m	Start-A-B-C-E-F-G-Finish
Under 17 Men	1:05pm	6000m	Start-A-B-C-D-E-F-G-A (twice) - Finish
Senior/Junior/Women	1.10pm	6000m	Start-A-B-C-D-E-F-G-A (twice) - Finish
Under 15 Boys	1.45pm	3300m	S-A-B-F-G-A(twice) -Finish
Under 15 Girls/ 17 Wom	1:55pm	3300m	S-A-B-F-G-A(twice) -Finish
Senior/Junior/Men	2:15pm	9000m	S-A-B-C-D-E-F-G-A (three X)- Finish



Key Places

- 10 Iris Murdoch Building
- 11 Stirling Management Centre

Start-Finish Is now well beyond Airthrey Sports Pavilion (18), pedestrians follow track to Start/Finish **No Car-Parking** for Athletes or Spectators at Start/Finish – please park in main University Car Parks and at Halls of Residences. Do NOT park on any grass verges

Tent drop off is beyond Pavilion (18) and down track to Start/Finish – Permit needed

Changing/Showers/Toilets in Sports Pavilion (18)

On arrival **Team Managers** should collect **Recording Slips** from Portacabin at Start/Finish area

Results/Post Race Location To Be Confirmed